

Concepts of Faith to know for First Holy Communion

1) What (*Who*) do we receive in Holy Communion?

➤ *We receive Jesus - Body, Blood, Soul and Divinity of Jesus*

2) How do we know that it is really Jesus in the Eucharist?

➤ *Jesus told us and He would never lie to us.*

➤ *Jesus told us in Scripture.*

○ *For example in the 6th chapter of John. (Read John 6:32-71)*

➤ *The Church has always taught the "True Presence" of Jesus in the Eucharist.*

3) When in the Mass does Christ become present under the appearance of bread?

➤ *At the Consecration*

4) What so we call this change?

➤ **TRANSUBSTANTIATION**

5) What is the definition of Transubstantiation?

Transubstantiation - *is the change in the substance of bread & wine into the Body, Blood, Soul and Divinity of Jesus while under the appearance of bread and wine.*

6) What are we required to do in order to receive Jesus in the Eucharist?

1. *We must be free from mortal sin.*

2. *We must fast for one hour before receiving Holy Communion.*

7) What is mortal sin?

Mortal sin is a serious offense against God.

* *The student's must have memorized the 3 things necessary for a sin to be mortal
(See Reconciliation Review # 5)*

8) If we have a mortal sin on our soul what must we do before we go to Communion?

➤ *We must go to Confession (also called Reconciliation or Penance)*

9) What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul?
➤ It is called a sacrilege. It is another mortal sin.

10) How is Christ present at Mass?
Christ is present in 4 ways at Mass.

1. In the person of the priest
2. In the assembly
3. In the Word of God
4. In the Eucharist

➤ *We call this the "True Presence"*

11) What would keep us from being able to receive Jesus in the Eucharist?

- 1) *If we have a Mortal sin on our soul*
- 2) *If we broke the 1 hour fast.*
 - a. *We must not have food or drink for 1 hour.*
 - b. *Water and medicine does not break the fast.*

12) All of our students are to know the importance of going to Confession before receiving Jesus in the Holy Eucharist.

13) Who is our Savior? (Redeemer, Messiah)

➤ *Jesus Christ is our Savior, our Redeemer and/or Messiah.*

Review of material covered for First Reconciliation

1) What is sin?

(Sin is an offense against God)

2) When we sin does God stop loving us?

(No God never stops loving us.)

3) What is the difference between Original Sin and Actual Sin?

(Original sin we are born with - we inherit it from Adam and Eve.

Actual sins are sins we commit ourselves.)

4) What are the two types of Actual Sin?

(Venial and Mortal)

5) How can we tell if a sin is mortal? What three things are necessary?

(i) It must be serious

(ii) We must know it is serious

(iii) We must freely choose to do it anyway

6) What should we do when we sin and hurt someone?

(We should say we are sorry and go to the Sacrament of Reconciliation if necessary.)

7) When we sin - how do we ask God's forgiveness?

(We tell God we are sorry and we go to the Sacrament of Reconciliation.)

8) Whose love do we turn away from when we sin?

(God's love)

9) What was the first sacrament that you received?

(Baptism)

10) What is grace?

(Gods life in us.)

11) Why did God make me?

(God made me to know Him, to love Him, and to serve Him in this world so that I may be happy with Him in Heaven.)