

CONCEPTS OF FAITH

1. Two types of Sin
 - a. Original Sin
 - i. We inherit original sin from Adam and Eve
 - b. Actual Sin
 - i. Actual sin we commit ourselves
2. The two types of actual sin
 - a. Venial Sin
 - i. Damages our relationship with God
 - b. Mortal Sin
 - i. **Breaks** our relationship with God
 - ii. We lose **all** sanctifying grace
 - i. sanctifying grace is God's life in us
3. 3 Things necessary for a mortal sin
 - a. It must be a serious offense against God
 - b. You must know it is a serious offense
 - c. You must freely choose to do it anyway
4. God made us to know, love and serve Him in this world so that we can be happy with Him in Heaven
5. God gave us free will
6. God loves us and He sent Jesus to save us. He is our Savior (Redeemer, Messiah)
7. Jesus died on the cross to save us from our sins.
8. Jesus gave us the sacrament of Reconciliation.
 - a. That is why we tell our sins to a priest (see Jn. 20:19-23)
9. 3 Names for Confession
 - a. Sacrament of Penance
 - b. Sacrament of Confession
 - c. Sacrament of Reconciliation

10. A sacrament is an outward sign instituted by Christ to give grace and through the sacraments we meet Jesus.
11. Grace is God's life in us.
12. Know the 10 Commandments
13. There are 7 Sacraments
 - a. 3 Sacraments of Initiation
 - i. Baptism
 - ii. Confirmation
 - iii. Eucharist
 - b. 2 Sacraments of Healing
 - i. Confession
 - ii. Anointing of the Sick
 - c. 2 Sacraments of Vocation or Service
 - i. Matrimony
 - ii. Holy Orders
14. We all need God's forgiveness; we all sin
15. How to go to Confession
 - a. All 5 steps
16. We should never be afraid to go to the Sacrament of Reconciliation. Jesus gave us this sacrament because He loves us.