

## Concepts of Faith for First Reconciliation and First Eucharist

*Students should know the answers to questions 1 through 16 (in addition to the Ten Commandments) before they receive the Sacrament of Reconciliation.*

*Students should know the answers to all questions (1 through 29) before they receive the Sacrament of First Holy Eucharist.*

1. What is sin?

*Sin is an offense against God.*

2. What are the two types of sin?

*Original Sin and Actual Sin*

3. What is Original Sin?

*The sin we inherit from Adam and Eve.*

4. What is Actual Sin?

*The sins we commit ourselves.*

5. What are the two types of Actual Sin?

*Venial*

*Mortal*

6. What does Venial Sin do?

*It damages our relationship with God.*

7. What does Mortal Sin do?

*It completely breaks our relationship with God. We lose all sanctifying grace. It is a serious offense against God.*

8. What three things are necessary for a sin to be mortal?

1. *It must be serious.*

2. *We must know it is serious.*

3. *We must freely choose to do it.*

9. When we sin, does God stop loving us?

*No, God never stops loving us.*

**10. When we sin, how do we ask God's forgiveness?**

*We tell God we are sorry and we go to the Sacrament of Reconciliation.*

**11. Whose love do we turn away from when we sin?**

*God's love.*

**12. What are the three names for the Sacrament of Confession?**

*Confession*

*Reconciliation*

*Penance*

**13. How do we go to confession? (When we sit down across from the priest, what do we do?)**

*1. Make the Sign of the Cross*

*2. Say "Bless me Father for I have sinned. It has been \_\_\_ since my last confession.*

*3. Say your sins and then say "For these and all my sins I am truly sorry."*

*4. Accept your penance.*

*5. Say the Act of Contrition and receive absolution from the priest.*

**14. What is grace?**

*God's life in us. We receive grace when we receive the sacraments.*

**15. What is a sacrament?**

*A sacrament is an outward sign instituted by Christ where we meet Him and He gives us grace.*

**16. What are the seven sacraments?**

*1. Sacraments of Initiation*

*Baptism*

*Eucharist*

*Confirmation*

*2. Sacraments of Healing*

*Reconciliation*

*Anointing of the Sick*

*3. Sacraments of Vocation*

*Matrimony*

*Holy Orders*

**Students should know the Ten Commandments.**

17. Why did God make you?

*God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him in Heaven.*

18. Whom do we receive in Holy Communion?

*Jesus – Body, Blood, Soul and Divinity*

19. How do we know that it is really Jesus in the Eucharist?

*Jesus told us and He would never lie to us. (Read John 6: 32-71)*

20. When in the Mass does Jesus become present under the appearance of bread?

*At the Consecration*

21. What is Transubstantiation?

*It is the change in the substance of bread and wine into the Body, Blood, Soul and Divinity of Jesus while under the appearance of bread and wine.*

22. What are we required to do in order to receive Jesus in the Eucharist?

1. *We must be free from mortal sin.*
2. *We must fast for one hour before receiving Holy Communion.*

23. If we have a mortal sin on our soul, what must we do before we go to Communion?

*We must go to confession.*

24. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul?

*A sacrilege. It is another mortal sin.*

25. How is Jesus present at Mass?

1. *In the person of the priest*
2. *In the assembly*
3. *In the Word of God*
4. *In the Eucharist*

*We call this the “True Presence”*

26. What would keep us from being able to receive Jesus in the Eucharist?

1. *If we have a mortal sin on our soul.*
2. *If we broke the one hour fast.*
  - a. *We must not have food or drink for one hour.*
  - b. *Water and medicine do not break*

**27. When did Jesus institute the Sacrament of Holy Eucharist?**

*At the Last Supper*

**28. Who is our Savior?**

*Jesus Christ*

**29. What is another name for Savior?**

*Redeemer or Messiah*

**Stress the importance of going to Confession before receiving Jesus in the Eucharist.**

**Students should know the Ten Commandments.**