

**Basic Catholic Teachings (BCT's)  
Grade 1**

1. **How many persons are there in God?** CCC 253  
*There are three persons in one God. G1-1*
  
2. **What do we call the mystery of 3 persons in one God?** CCC 253  
*The Blessed Trinity G1-1*
  
3. **Name the three persons in one God.** CCC 254
  1. *God the Father*
  2. *God the Son*
  3. *God the Holy Spirit G1-1*
  
4. **Why did God make you?** CCC 1721  
*God made me to know Him, to love Him and to serve Him in this world, so I can be happy with Him in the next. (Heaven) G1-2*
  
5. **How did God make you?** CCC  
*In His image. G1-2*
  
6. **What do we do with our minds?** CCC 1704; 1711; 362-368  
*We think G1-2*
  
7. **What do we do with our wills?** CCC 1704; 1711; 362-368  
*We choose G1-2*
  
8. **Who do the first three commandments teach us to love?** CCC 2083-2195  
*God G1-4*
  
9. **Who do the last seven commandments teach us to love?** CCC 2195-2558  
*Others and ourselves G1-4*
  
10. **Name the 10 Commandments.** CCC 2084-2557
  1. *I am the Lord your God you shall not have false gods before me.*
  2. *You shall not take the name of the Lord in vain.*
  3. *Keep holy the Lord's Day.*
  4. *Honor your father and mother.*
  5. *You shall not kill.*
  6. *You shall not commit adultery.*
  7. *You shall not steal.*
  8. *You shall not bear false witness.*
  9. *You shall not covet your neighbors' wife.*
  10. *You shall not covet anything that belongs to your neighbor. G1-4 (Memorize: 1-3; Encourage 4-10)*
  
11. **What is sin?** CCC 1440  
*Sin is knowing something is wrong and choosing to do it anyway. ( Sin is an offense against God.) G1-5.*

**12. Who do we hurt when we sin?** CCC 1469

1. *God*
2. *Others*
3. *Ourselves* G1-5

**13. What do we call the sin of Adam & Eve?** CCC 102; 404

*Original Sin* G1-5

**14. What are we all born with because of the sin of Adam and Eve?** CCC 102; 404

*Original Sin* G1-5

**15. What is grace?** CCC 1997-2000

*Grace is God's life in us.* G1-6

**16. After Adam & Eve sinned, what did God promise to send?** CCC 410-412

*A Savior* G1-7

**17. Why did God the Son become a Man?** CCC 457-460

*To save us and to show us how to act as Images of God.* G1-7

**18. What is prayer?** CCC 2559; 2590

*Talking to God* G1-9

**19. What kinds of prayers do we say?** (Hint: PATS) CCC 2558-2865

- To:
1. *Praise God*
  2. *Ask for help*
  3. *Thank God*
  4. *Show we are sorry for our sins* G1-9

**20. Name the 12 apostles.** CCC 858

1. *Peter*
2. *Phillip*
3. *James (the Less)*
4. *James (the Greater)*
5. *Judas*
6. *Jude*
7. *John*
8. *Andrew*
9. *Bartholomew*
10. *Matthew*
11. *Simon*
12. *Thomas* G1-11

**21. What apostle became the first Pope?** CCC 880; 881

*Peter* G1-11

**22. What are the 7 sacraments?** CCC 1210; STh III.65.2

1. *Baptism*
2. *Eucharist*
3. *Confirmation*
4. *Reconciliation*
5. *Anointing of the Sick*
6. *Matrimony*
7. *Holy Orders*

*G1-14 (Memorize: Sacraments of Initiation; Encourage other 4)*

**23. What is a sacrament?** CCC 1131

*A sign we can see that is given to us by Jesus that gives us grace. G1-14*

**24. What are the two things a sacrament is made up of?** CCC 1127; 1131; STh.III.60.7

1. *Words*
2. *Something we can see, hear, touch or smell* G1-14

**25. A man can receive Holy Orders 3 times. What are the 3 levels of Holy Orders?** CCC 1536; 1554

1. *Deacon*
2. *Priest*
3. *Bishop* G1-14

**26. A man can receive Holy Orders three times. What do we call a man who has received the Sacrament of Holy Orders three times?** CCC 1536; 1554

*Bishop* G1-14

**27. Who were the first men to receive the Sacrament of Holy Orders?** CCC 611; 621; 1339-1341

*The Apostles (At the Last Supper)* G1-14

**28. When did Jesus say the First Mass?** CCC 611; 1323; 1340

*At the Last Supper (Holy Thursday)* G1-14

**29. What sacrament is called the “Blessed Sacrament”?** CCC 1330-1331

*The Eucharist It is Jesus.* G1-14

**30. At Mass, what do the bread and wine become?** CCC 1355; 1384

*The Body and Blood of Jesus* G1-15

**31. What is the Mass?** CCC 1366

*A re-offering of the sacrifice of Jesus on the Cross* G1-15

**32. When do we celebrate a feast day for all those people who have died and are in heaven who have not been declared saints?** CCC 2043; 2180; Canon 1246:2

*November 1<sup>st</sup> -- All Saints Day* G1-16

**33. What do we prepare for during Advent?** CCC 524

*Jesus' Birthday* G1-18

**34. What do we prepare for during Lent?** CCC 1438  
*Easter G1-19*

**35. What holy things should we always do but must especially do during Lent?** CCC 1434  
 1. Pray  
 2. Offer sacrifices  
 3. Do acts of Love G1-19

**36. What do we call the day when Jesus had the Last Supper with His Apostles and changed the bread and wine into His Body and Blood?** CCC 611;1323;1340  
*Holy Thursday G1-20*

**37. Name the two Sacraments that Jesus celebrated at the Last Supper on Holy Thursday.** CCC 611;1323;1340  
 1. Eucharist  
 2. Holy Orders G1-20

**38. What is the name of the day on which Jesus suffered and died on the Cross?** CCC 619; 641  
*Good Friday G1-20*

**39. What do we call the day when Jesus rose from the dead?** CCC 1169-1170  
*Easter G1-20*

### Prayers

**40. Say the Sign of the Cross**  
*In the name of the Father, and of the Son, and of the Holy Spirit. Amen G1-1*

**41. Say the Glory Be**  
*Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen G1-1*

**42. Say the Angel of God Prayer**  
*Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light and guard, to rule and guide. Amen G1-3*

**43. Say the Hail Mary**  
*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen G1-7*

**44. Say the Our Father**  
*Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen G1-9*

**45. Say Grace Before Meals**

*Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen*

**46. Say Grace After Meals**

*We give You thanks, Almighty God for all Your benefits who lives and reigns now and forever. Amen*

**47. Say the Morning Offering**

*O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart, the salvation of souls, reparation for sin, the reunion of all Christians. I offer them for all the intentions of our bishops and of all the Apostles of Prayer, and in particular, for those recommended by our Holy Father for this month. Amen*  
***Teachers help the students to become familiar with this prayer.***