

**Basic Catholic Teaching's (BCT's)**  
**Grade 5**

**1. What is faith?**

Faith is a gift from God that enable us to **believe** in Him and all He has revealed.

**2. How many persons are there in God?**

There are three persons in one God.

**3. What do we call the mystery of three persons in one God?**

The Blessed Trinity.

**4. Name the three Persons of the Blessed Trinity.**

- |                        |               |
|------------------------|---------------|
| 1. God the Father      | First Person  |
| 2. God the Son.        | Second Person |
| 3. God the Holy Spirit | Third Person  |

**5. Who is God?**

God is the all-powerful, all-wise, all-loving being who created everything and keeps it in existence.

**6. How did God create the world and everything in it?**

God created the world and everything in it out of nothing.

**7. What are Angels?**

Angels are persons without bodies.

**8. What is your soul?**

The spiritual and immortal gift from God that gives us life.

**9. What are the two main powers of our souls and what do we do with each of them.**

1. A Mind – so that we can think
2. A Will – so that we can choose.

**10. What is a human person?**

Someone with a mind, a will and a body.

**11. Who were the first people that God created?**

Adam was the first man and Eve was the first woman.

**12. What is Grace?**

God's life in us

**13. How did God make you?**

God made me in His image.

**14. What is Original Sin?**

The first sin committed by Adam and Eve. We are born with it; we inherit it from them.

**15. Name the 3 consequences that Adam and Eve suffered when they chose to sin.**

1. They lost grace
2. Darkened Minds / Weakened Wills
3. Rebellious Bodies (Wounded Bodies)

**16. What did God promise to send to Adam?**

A Savior

**17. Why Abraham is called our “Father in Faith”?**

Abraham believed God “he was strong in faith . . . He became the father of all who believe.”

**18. To whom did God give the Ten Commandments?**

Moses

**19. Name the 10 Commandments.**

1. I am the Lord your God you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Keep holy the Lord’s Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor’s wife.
10. You shall not covet anything that belongs to your neighbor.

**20. Who are prophets?**

Men who prepared the people for the coming of Jesus.

**21. What was the Annunciation?**

The Archangel Gabriel announced to Mary that she would be the Mother of Jesus.

**22. What do we mean by the term “Immaculate Conception”?**

The Blessed Mother was free from Original Sin and filled with sanctifying at her conception.

**23. What do we call the fact that God the Son took on our human nature?**

The Incarnation (The Son of God always existed – He took on a human nature at the Incarnation)

**24. What is a covenant?**

1. An Act of Merciful Love between God and His People.
2. A Promise to continue,
3. Expressed in Words and Actions.

**25. Name 5 Covenants God made in the Old Testament.**

1. Adam - Marriage
2. Noah - A family
3. Abraham - A Tribe
4. Moses - 12 Tribes
5. David - A Kingdom (Note: The Covenants grew to include more and more people.

**Remember:** At the Last Supper Jesus said:

“This is the cup of My Blood the cup of the **New and Everlasting Covenant.**”

**26. What is a miracle?**

A work of God.

**27. What are the two natures of Jesus Christ?**

He is **True God** and **True Man. 1 Divine Person – with 2 Natures**– (1 Human Nature & 1 Divine)  
(His Divinity does not diminish His Humanity/His Humanity does not diminish His Divinity.)

**28. What do we call the union of Jesus’ two natures?**

Hypostatic Union

**29. What do we mean by the term “Person” & “Nature”?**

1. Nature is **WHAT** someone is. (**God**)
2. Person is **WHO** someone is. (God the Father; God the Son; God the Holy Spirit)

**30. On Holy Thursday, what was Jesus celebrating with His Apostles at the Last Supper?**

A Passover Meal This was the first Mass; the institution of the Eucharist.

**31. What day did Jesus die on the Cross?**

Good Friday

**32. What day do we celebrate the Resurrection of Jesus?**

Easter Sunday

**33. Give the 4-part definition of the term transubstantiation?**

1. A change in the substance of bread and wine
2. into the Body; Blood;
3. Soul & Divinity of Jesus
4. While under the appearance of bread and wine

**34. What 2 Sacraments did Jesus institute at The Last Supper?**

- |                |                |
|----------------|----------------|
| 1. Eucharist   | Holy Communion |
| 2. Holy Orders | Priesthood     |

**35. What is re-presented at Mass?**

The sacrifice of Jesus on the cross is re-presented. (He does not suffer again; it is made present for us.)

**36. What is the Resurrection?**

Jesus rose from the Dead on Easter Sunday - three days after He died on the cross.

**37. What happened on evening of the Resurrection - Easter Sunday?**

Jesus appeared to His Apostles and instituted the Sacrament of Confession when He breathed on them and said, “Receive the Holy Spirit whose sins you shall forgive they are forgiven; whose sins you shall hold bound they are held bound.”

**38. What is the Great Commission?**

Before He rose into Heaven Jesus told commanded His Apostles, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit..Mt. 28:18-20

**39. What is the Ascension?**

Jesus rose in the sky to return to the Father 40 days after Easter.

**40. What happened on Pentecost?**

1. The Holy Spirit descended on those in the room as Tongues of Fire and Wind.
2. 3,000 people were baptized when Peter went out and preached.

**41. What day is called the “Birthday” of the Church?**

Pentecost

**42. Who founded the Catholic Church?**

Jesus Christ

**43. Name the 12 Apostles. (2-P’s – 5-J’s – A – B- - M - S - T)**

1. Peter (Jesus changed his name from Simon – to Peter – a “Rock”)
2. Phillip
3. James (the Greater)
4. James (the Less)
5. Jude (Thaddeus)
6. Judas (Iscaiot)
7. John (the Evangelist- Gospel writer)
8. Andrew
9. Bartholomew
10. Matthew (the Gospel writer)
11. Simon (the Zealot)
12. Thomas

**43. Who did Jesus name as the first Pope?**

Saint Peter

**44. Where is Scripture did Jesus make Peter the first Pope?**

Matthew 16:18

**45. Who or what is the Mystical Body of Christ?**

The Church. Christ is the head & we are the members.

**46. Who belongs to the Communion of Saints?**

1. Church Militant (Those on earth)
2. Church Suffering (Those in purgatory)
3. Church Triumphant or Victorious (Those in heaven)

**47. What are the 4 Marks of the Church?**

One (One Truth)  
Holy (Founded by Christ)  
Catholic (Universal)  
Apostolic (Unbroken line from Apostles)

**48. Who is the Pope?**

The successor of St. Peter

**49. What do we mean by Apostolic Succession?**

Revised 07/06/2020

The handing down from the Apostles to the Bishops of today.

**50. What are the precepts of the Church?**

1. Go to Mass on Sunday's and Holy Days of Obligation
2. Receive Confession once a year (in preparation to receive Eucharist)
3. Eucharist at least once per year during the Easter tide
4. Observe the days of fast & abstinence
5. Provide for the needs of the Church

**51. When are we obliged go to The Holy Sacrifice of the Mass?** Every Sunday and Holy Day of Obligation.

**52. What are the Holy Days of Obligation?**

1. November 1 = All Saints Day
2. December 8 = Immaculate Conception
3. December 25 = Christmas
4. January 1: = Mary, Mother of God
5. 40 days after Easter = Ascension (First Sunday 40 days after Easter)
6. August 15 = Assumption

**53. Who was the first Pope?**

Peter

**54. What is Divine Revelation?**

The hidden truths God chose to reveal about Himself.

**55. What are the two main sources of Divine Revelation?**

1. Sacred Scripture
2. Sacred Tradition

**56. What is the teaching authority of the Church, given by Christ to the Apostles successors?**

The Magisterium

**57. Who is the Magisterium?**

1. The Pope
2. The Bishops in union with the Pope

**58. What is Sacred Scripture?**

The Bible ("The word of God written under the inspiration (breath) of the Holy Spirit")

**59. What are the two main divisions of the Bible?**

Old Testament & New Testament

**60. How many books are in the Bible?**

Old Testament 46  
New Testament 27 = 73 total

**61. What is Sacred Tradition?**

Sacred Tradition is the teachings of Christ given to the Apostles and handed down to their successors.  
(Sacred Tradition transmits in its entirety the Word of God which has been entrusted to the apostles by Christ the Lord and the Holy Spirit).

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**62. What is infallibility?**

Infallibility is the ability to teach without error on matters of Faith & Morals. This can be done by either:

1. The Pope alone or
2. The Bishops in union with the Pope

**63. What is a Sacrament?**

An outward sign  
Instituted by Christ  
Where He meets us and  
Gives us grace.

**64. What are the two signs that a Sacrament is made up of?**

1. **Matter** = Something we can see, hear, taste, touch or smell
2. **Form** = Words

**65. What are the seven Sacraments?**

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the sick
6. Holy Order
7. Matrimony

**75. What is a mystery?**

Something we believe although we do not fully understand it.

**76. What is the Incarnation?**

The mystery of God's Son, Jesus, while fully divine, yet being born fully human in order to save us.

**77. What is sanctifying grace?**

A gift that was given to us at Baptism and that continues the work of making us holy.

**78. What is sin?**

Sin is an offense against God (It is knowing something is wrong and choosing to do it anyway).

**79. What are the two main kinds of sin?**

1. Original Sin (Sin of Adam & Eve – we didn't commit it we **inherit** it from them.
2. Actual Sin (or Personal Sin (Sin we actually commit ourselves)

**80. Review: What is Original Sin?**

The first sin committed by Adam and Eve. We are born with it; we inherit it from them.

**81. What are the two types of Actual Sin?**

1. Mortal
2. Venial

**82. What is Mortal sin?**

A mortal sin is a very serious sin. It completely breaks our relationship with God.

**83. What three things are necessary for a sin to be mortal?**

1. It must be seriously wrong
2. We must know that it is seriously wrong
3. We must freely choose to do it.

**84. What is a Venial sin?**

A venial sin is a less serious sin. It damages our relationship with God.

**85. What are the two other names for the Sacrament of Confession?**

1. Penance
2. Reconciliation

**86. What is the sign of the Sacrament of Reconciliation?**

1. Our sins (we must be sorry)
2. Words of absolution (forgiveness)

**87. What are the 5 steps to going to Confession?**

1. Make an examination of conscience.
2. Be sorry for our sins.
3. Resolve not to sin again.
4. Go to confession to a priest (say our sins)
5. Do our penance.

**88. Review: What is the form we follow in The Rite of Reconciliation after greeting the priest?**

1. Make the Sign of the Cross
2. Say “Bless me Father for I have sinned it has been \_\_\_\_ since my last Confession.”
3. Say your sins.
4. End with “For these and all my sins I am truly sorry.”
5. Say Act of Contrition– (Listen to the words of Absolution. “I absolve you in the name of the Father & of the . . .)
6. Do your penance

**89. What was the Assumption of the Blessed Mother?**

Mary was taken up to heaven body & soul at the end of her earthly life.

**90. What is death?**

Separation of Body and Soul

**91. What is the Particular Judgment?**

Particular Judgment is when Jesus judges our soul at the moment of death.

1. If we have no sin we go to Heaven for all eternity
2. If we have venial sins we go to Purgatory to be purified so we can go to Heaven
3. If we have a mortal sin we go to hell for all eternity

**92. What is the General Judgment?**

The Judgment at the end of the world - a soul will go to:

1. Heaven
2. Purgatory
3. Hell

**93. What are the Four Final Things?**

1. Death
2. Judgment
3. Heaven
4. Hell

**94. What is Hell?**

A place of eternal separation from God (where there is no love of God, no love of others and no love of self)

**95. What is Purgatory?**

A place of temporary separation from God, where a person is made able to go to heaven.

**96. What is Heaven?**

Eternal happiness with God.

**97. Who is a covenant?**

An agreement between people and God.

**98. What do we call the forgiveness we receive from God through the priest in Reconciliation?**

Absolution

**99. What is a paten?**

The dish that holds the bread that will be consecrated at Mass

**100. What is a chalice?**

A drinking vessel that hold the Eucharistic wine.

**101. What are three vows made by people in religious life?**

Poverty, chastity and obedience.

**102. What is a vocation?**

The call each of us has in life to be the person God wants us to be and the way we each serve the Church and build the Kingdom of God.

**103. How can each person live out his or her vocation?**

As a layperson, a member of a religious community or as a member of the clergy.



**104. What are the 7 gifts of the Holy Spirit?**

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

**105. List the Corporal Works of Mercy**

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

**Liturgical Calendar**

**106. What are the five main seasons of the Church and what color is associated with each?**

- Advent- purple
- Christmas- white
- Ordinary time- green
- Lent- purple
- Easter- white

**107. What season begins the Church's liturgical year?**

Advent

**108. What is Advent?**

Advent is a time to prepare to celebrate the birth of Jesus.

**109. What does the word "Advent" mean?**

"Arrival" or "coming"

**110. When does Lent start?**

Ash Wednesday

**111. What does the liturgical year commemorate?** The life of Jesus, starting with the preparation of his coming and his birth, his Death and Resurrection, to his Ascension, and his sending the Holy Spirit upon the apostles at Pentecost.

**112. When do we celebrate Ordinary Time?** Two times each year- between the Christmas season and Lent and between the Easter season and Advent.

**113. What is the season of the year that helps us prepare for Easter?** Lent

**114. What are the three Lenten practices that help us prepare for Easter?**

1. Prayer
2. Fasting
3. Almsgiving

**115. When is almsgiving?** Helping those less fortunate by donating our money and time.

**116. What do we call the week before Easter?** Holy Week

**117. What is celebrated during Holy Week?** (Palm Sunday, Holy Thursday, Good Friday and the Easter Vigil).

**118. What do we call the suffering and death of Jesus?** Passion

**119. How long does the Christmas season last?** From Christmas Eve until the Baptism of Jesus.

**120. When does Advent begin?** Advent includes 4 Sundays and ends Christmas eve.

### **Prayers/Devotions**

#### **M-Memorize R-Review E-Encourage**

#### **The Sign of the Cross (M)**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

#### **Hail Mary (M)**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

#### **Our Father (M)**

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

#### **Grace Before Meals (M)**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

#### **Grace After Meals (M)**

We give Thee thanks for all Thy gifts, almighty God. You live and reign forever. Amen

### **Glory Be (M)**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

### **Angel of God (M)**

Angel of God, my guardian dear, to whom God's (His) love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

### **The Morning Offering (M)**

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the conversion of all sinners. Amen

### **The Apostles Creed (M)**

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

### **Act of Contrition (M)**

Oh my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen

### **Memorare (M)**

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, I fly to you, O Virgin of Virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

### **Angelus (M)**

P: The Angel of the Lord declared unto Mary  
R: And she conceived of the Holy Spirit. (Hail Mary)  
P: Behold the handmaid of the Lord  
R: Be it done unto me according to your word. (Hail Mary)  
P: And the Word was made flesh  
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen

## **The Most Holy Rosary (E)**

### **The Five Joyful Mysteries**

(Monday & Saturday)

1. Annunciation
2. Visitation
3. Birth of Jesus
4. Presentation
5. Finding of Jesus in the Temple

### **The Five Luminous Mysteries**

(Thursday)

1. Jesus' Baptism in the Jordan
2. Jesus' Self-manifestation at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

### **The Five Sorrowful Mysteries**

(Tuesday & Friday)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning of Thorns
4. Jesus Carries His Cross
5. Crucifixion

### **The Five Glorious Mysteries**

(Wednesday & Sunday)

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption of the Blessed Virgin Mary
5. Coronation of Mary as Queen of Heaven and Earth

### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O Sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

### **Magnificat (E)**

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior.  
For he has looked with favor on his lowly servant.  
From this day all generations will call me blessed.  
The Almighty has done great things for me, and holy is his Name.  
He has mercy on those who fear him in every generation.  
He has shown the strength of his arm,  
He has scattered the proud in their conceit.  
He has cast down the mighty from their thrones,  
and has lifted up the lowly.  
He has filled the hungry with good things,  
and the rich he has sent away empty.  
He has come to the help of his servant Israel  
for he remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children forever.

### **Stations of the Cross (E)**

1<sup>st</sup> Station: Jesus is condemned to death.  
2<sup>nd</sup> Station: Jesus carries His cross.  
3<sup>rd</sup> Station: Jesus falls the first time.  
4<sup>th</sup> Station: Jesus meets His mother.  
5<sup>th</sup> Station: Simon of Cyrene helps Jesus to carry His cross.  
6<sup>th</sup> Station: Veronica wipes the face of Jesus.  
7<sup>th</sup> Station: Jesus falls the second time.  
8<sup>th</sup> Station: Jesus meets the women of Jerusalem  
9<sup>th</sup> Station: Jesus falls a third time.  
10<sup>th</sup> Station: Jesus clothes are taken away.  
11<sup>th</sup> Station: Jesus is nailed to the cross.  
12<sup>th</sup> Station: Jesus dies on the cross.  
13<sup>th</sup> Station: The body of Jesus is taken down from the cross.  
14<sup>th</sup> Station: Jesus is laid in the tomb.

### **Act of Faith (short version) (M)**

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

### **Act of Hope (short version) (M)**

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

### Act of Love (short version) (M)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

### Nicene Creed (M)

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, **consubstantial**  
with the Father;

who proceeds from the Father and the Son,  
Through him all things were made.

For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was **incarnate**  
of the Virgin Mary,  
and became man.

For our sake he was crucified  
under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.

He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic,  
and apostolic Church.  
I confess one baptism for the forgiveness of sins  
and I look forward to the resurrection  
of the dead and the life of the world to come.  
Amen.

\*Grade level guideline listed on school webpage for prayers.

