

Basic Catholic Teachings (BCTs)
Grade 3

1. How did God form you? (Lesson 1)

God formed me in His image and His likeness.

2. Why did God make you? (Communion)

God made me to know Him, to love Him and to serve Him in this world so that I may be happy with Him forever in Heaven.

3. Who were the first people that God created? (Lesson 1)

Adam was the first man and Eve was the first woman.

4. Because creation is a gift from God to us, we should

_____. (ARK)

Treat it with respect

5. After naming all the animals, Adam was _____. (Ark)

Still lonely

6. What is Original Sin? (Reconciliation, Communion, Lesson 1)

Original sin is the sin committed by Adam & Eve that we all inherited.

7. What is a covenant? (Lesson 2)

- An Act of Merciful Love between God and His People.
- A Promise to Continue,
- Expressed in Words and Actions.

8. What does the Sacrament of Baptism do for us? (Lesson 2, Ark)

1. Takes away Original Sin.
2. Makes us children of God.
3. Gives us Grace.
4. Makes us a member of the Church

9. At Baptism what do we become? (ARK)

A temple of The Holy Spirit

10. What are the Ten Commandments? (Reconciliation, Communion, Lesson 2)

1. I am the Lord your God, you shall not have false gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

11. What are the two natures of Jesus Christ? (Lesson 3)

He is True God and True Man?

12. Why did Jesus come to be with us? (Lesson 3, ARK)

To save us all from our sins.

13. What prayer does Jesus use to teach us to pray? (ARK)

The Our Father

14. What is the first Great Commandment? (ARK)

Love God

15. What did Jesus explain as the second Great Commandment? (ARK)

Love our neighbors as ourselves

16. What did John the Baptist call Jesus? (Lesson 3, ARK)

The Lamb of God

17. What can the phrase “The Body of Christ” describe? (ARK, Lesson 3)

The Church

18. What is grace? (Reconciliation, Lesson 4)

God’s life in us.

19. What is a Sacrament? (Reconciliation, Lesson 4)

A visible sign of God’s Divine Life

Instituted by Christ

Where He meets us and

Gives us grace.

20. What do sacraments do? (ARK, Lesson 4)

Allow us to share in God’s life.

21. What are the two signs that a sacrament is made up of? (Lesson 4)

1. **Matter:** Something we can see, hear, touch or smell
2. **Form:** Words

22. What are the seven Sacraments? (Reconciliation, Communion, Lesson 4)

- Baptism
- Eucharist
- Confirmation
- Reconciliation
- Anointing of the sick
- Holy Orders
- Matrimony

23. What is sin? (Reconciliation, Lesson 5, ARK)

- Sin is an offense against God
- A failure to love God and neighbor

- 24. What are the two types of sin? Please define each one. (Reconciliation, Lesson 5)**
- **Original Sin** (Sin of Adam & Eve): We did not commit this sin, we inherited it from them.
 - **Actual Sin** (or Personal Sin): Sin we "actually" commit ourselves.
- 25. What are the two types of Actual Sin? (Reconciliation, Communion, Lesson 5)**
- Venial
 - Mortal
- 26. What is a venial sin? (Reconciliation, Communion, Lesson 5)**
A venial sin is a less serious sin that damages our relationship with God.
- 27. What is mortal sin? (Reconciliation, Communion, Lesson 5)**
A mortal sin is a **very serious** sin. It completely breaks our relationship with God and we lose sanctifying grace.
- 28. What three things are necessary for a sin to be mortal? (Reconciliation, Lesson 5)**
- It must be serious.
 - We must know that it is serious.
 - We must freely choose to do it.
- 29. When we sin, does God stop loving us?(Reconciliation, Lesson 5)**
No, God never stops loving us.
- 30. When we sin, how do we ask for God's forgiveness? (Reconciliation, Lesson 5)**
We go to the sacrament of Reconciliation and tell God that we are sorry.

**31. What are the three names for the Sacrament of Confession?
(Reconciliation, Lesson 5)**

- Confession
- Reconciliation
- Penance

**32. What are the 6 steps to making a worthy confession?
(Reconciliation, Lesson 6)**

1. Make an examination of conscience before you go.
2. **Make** the Sign of the Cross.
3. **Say** "Bless me Father for I have sinned it has been _____ since my last Confession."
4. **Say** your sins and then say, "For these and all my sins I am truly sorry."
5. **Say** an Act of Contrition and **accept** your penance.
6. **Receive** absolution and do your penance.

**33. In which sacrament do we say the Act of Contrition?
(ARK, Lesson 6)**

Confession

**34. What is the name of the prayer that we tell God that we are
sorry for offending Him? (ARK, Lesson 6)**

The Act of Contrition

35. Why is hope an important virtue? (Ark, Lesson 7)

It shows we trust in God's promises

36. What is both a virtue and a gift of the Holy Spirit? (ARK)

Fortitude

37. A virtue is a habit of doing _____. (ARK, Lesson 7)

Good

38. What is another name for our friends in Heaven?

(Ark, Lesson 7)

Saints

- 39. What is the friendship we have with those in Heaven and in Purgatory called? (ARK, Lesson 7)**
The Communion of Saints
- 40. What day did Jesus die on the Cross? (Lesson 1)**
Good Friday
- 41. What day do we celebrate the Resurrection of Jesus? (Lesson 1)**
Easter Sunday
- 42. What is the Ascension? (Lesson 1)**
40 days after the Resurrection Jesus ascended up to Heaven.
- 43. What command did Jesus give His Apostles? (ARK)**
To spread the Good News
- 44. What happened on Pentecost? (Lesson 1)**
The Holy Spirit descended on those in the room as Tongues of Fire and Wind. 3,000 people were baptized when Peter went out and preached.
- 45. What sacrament did God give us at Pentecost? (ARK)**
Confirmation
- 46. What is the Immaculate Conception? (Lesson 1)**
Mary did not inherit Original Sin.
- 47. What happened at the Annunciation? (ARK, Lesson 1)**
Mary said "Yes" to be the Mother of God.
- 48. What is the Assumption of Mary? (ARK, Lesson 1)**
Mary being taken up into Heaven in both body and soul.

**49. In which prayer do we ask the Mother of God to pray for us?
(ARK)**

The Hail Mary

50. What is a rosary? (ARK)

A special chain of beads which we use for praying.

**51. During the Mass, at what moment does the bread and wine change into the Body, Blood, Soul and Divinity of Jesus Christ?
(Communion)**

At the Consecration

52. What do we call the change in the substance of bread and wine into the Body & Blood Soul & Divinity of Jesus, while under the appearance of bread and wine? (Communion)

Transubstantiation

53. What is the Eucharist? (Communion)

The Body, Blood, Soul & Divinity of Jesus Christ under the appearance of bread & wine.

**54. How do we know that it is really Jesus in the Eucharist?
(Communion)**

Jesus told us and it's written in the Bible in John: chapter 6. It is true because Jesus would never lie to us.

55. What things are necessary for the worthy reception of Holy Communion? (Communion)

- Be free from mortal sin (be in the state of grace).
- Fast from food and drink for one hour.

56. If we have a mortal sin on our soul, what must we do before we go to Communion? (Communion)

We must go to confession.

57. What is it called if we receive Jesus in the Eucharist with a mortal sin on our soul? (Communion)

A sacrilege

58. When did Jesus institute the Sacrament of the Holy Eucharist? (Communion)

At the Last Supper on Holy Thursday

59. What do we participate in the re-presentation of at every Mass? (ARK)

Jesus' Sacrifice

60. What is changed at Mass to show the different Church seasons? (ARK)

The colors of the Priest's vestments

Prayers	1	2	3	4	5	6	7	8
Sign of the Cross	M	R	R	R	R	R	R	R
Our Father	M	R	R	R	R	R	R	R
Hail Mary	M	R	R	R	R	R	R	R
Angel of God	M	R	R	R	R	R	R	R
St. Michael Prayer	E	M	R	R	R	R	R	R
The Memorare	E	E	E	M	R	R	R	R
Grace Before Meals	M	R	R	R	R	R	R	R
Morning Offering	E	M	R	R	R	R	R	R
Act of Contrition	E	E	M	R	R	R	R	R
The Rosary	E	E	M	R	R	R	R	R
Glory Be	E	E	M	R	R	R	R	R
Apostles Creed	E	E	E	M	R	R	R	R
Act of Faith (short version)	E	E	E	M	R	R	R	R
Act of Hope (short version)	E	E	E	M	R	R	R	R
Act of Love (short version)	E	E	E	M	R	R	R	R
Stations of the Cross	E	E	E	M	R	R	R	R
Hail Holy Queen	E	E	E	E	M	R	R	R
Nicene Creed	E	E	E	E	E	E	E	M
Prayer of St Francis	E	E	E	M	R	R	R	R
Magnificat	E	E	E	E	E	E	M	R
Angelus	E	E	E	E	M	R	R	R
Come Holy Spirit	E	E	E	E	E	E	M	R
Chaplet of Divine Mercy	E	E	E	E	E	M	R	R
Prayer for Souls in Purgatory	E	E	E	E	E	E	E	M
Eternal Rest	E	E	E	E	E	M	R	R
Anima Christi	E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

1st Station: Jesus is condemned to death.

2nd Station: Jesus carries His cross.

3rd Station: Jesus falls the first time.

4th Station: Jesus meets His mother.

5th Station: Simon of Cyrene helps Jesus to carry His cross.

6th Station: Veronica wipes the face of Jesus.

7th Station: Jesus falls the second time.

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time.

10th Station: Jesus' clothes are taken away.

11th Station: Jesus is nailed to the cross.

12th Station: Jesus dies on the cross.

13th Station: The body of Jesus is taken down from the cross.

14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation.

Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.