

Basic Catholic Teachings

Grade 6

Unit 1 (lessons 1-5), Unit 2 (lessons 6-12), Unit 3 (lessons 13-19)
Unit 4 (lessons 20-24), Unit 5 (lessons 25-29), Unit 6 (lessons 30-34)
Unit 7 (lessons 35-39)

1. What is the Hypostatic Union? (Unit 1)

In Christ one person subsists in two natures. Christ is fully human and fully Divine.

2. What is the Incarnation? (Unit 1)

a. Taking up St. John's expression, "The Word became flesh", the Church calls the Incarnation the fact that the Son of God assumed a human nature in order to accomplish our salvation in it.

3. Why did God send His Son into the world? (ARK)

So whoever believes in Him might not perish, but would live eternally.

4. What did Jesus instruct the Apostles to do after His resurrection? (Unit 1)

Jesus instructed them to go and spread the Good News of salvation to all people (to make disciples of all people, teaching them to observe all that he commanded, and baptized them in the name of the Father, and of the Son, and of the Holy Spirit; Mt 28: 16-20)

5. What do we call a special promise given by God? (Unit 1)

A covenant

6. What is a prophet? (Unit 1)

A prophet is a person whom God calls to speak on His behalf. Many of the Old Testament prophets were called to turn God's people away from sin and prepare for the coming of Christ

7. Who was the final prophet of the Old Covenant? (Unit 1)

John the Baptist

8. Who are the Old Testament Patriarchs? (Unit 1)

Abraham

Isaac

Jacob

9. In Genesis 12:2, we hear about God's covenant. With whom did God make this covenant and what did he promise? (Unit 1)

God made this covenant with Abraham and his wife, Sarah.

God promised that their descendants would be numerous and that they would inherit a Promised Land.

10. Throughout the Old Testament, why did God make covenants? (ARK)

To reveal Himself and show His love and mercy.

11. Who is responsible for authentically interpreting and teaching on Scripture and Tradition? (Unit 1)

The Bishops, as the successors of the Apostles, and the Pope as Successor of the first Pope, Peter.

12. What is Apostolic Succession? (Unit 1)

The authority of the Apostles passed down to the bishops.

13. What is one thing that current priests do that Old Testament priests did not? (ARK)

Offer the sacrifice of the New Testament

14. What is Divine Revelation? (Unit 1)

Divine Revelation is God's communication about himself and his plan for humanity.

15. What are the two fonts of Divine Revelation? (Unit 1)

Sacred Scripture

Sacred Tradition

16. How many inspired books and letters are in the Bible? (Unit 1)

73

17. How many books are in the Old Testament? (Unit 1)

46

18. How many books are in the New Testament? (Unit 1)

27

19. Who is the author of Scripture? (ARK, Unit 2)

God himself, who inspired human authors.

20. List and describe the different types of writing styles that are found in the Bible. (Unit 2)

Narrative: tells a story in a straightforward way, recounting an event

Law: writings that communicate how to best love God and each other.

Prophecy: writings calling the people of Israel to repentance and right worship of God.

Poetry: Express basic truths about God using metaphorical or artistic language.

Wisdom/Proverbs: writings commenting and offering advice using learned, quotable sayings.

Parable: short stories that communicate layers of truth.

Genealogy: record of family ancestries that reveal important connections.

Epistle/Letter: Letters to the early Church written by St. Paul and other Apostles

Apocalyptic: Truths about God and our salvation through visions using imagery and symbolism.

21. What are some of the things that happened to Adam and Eve because of original sin? (Unit 2)

1. Loss of certain graces
2. Concupiscence
3. Ignorance and weakness
4. Suffering, sickness and death
5. Broken harmony with creation

22. What is a soul? (Unit 2)

A soul is a spiritual gift from God given to us at conception and makes us human. The soul survives after death (immortal).

23. Why did God give Adam free will? (ARK)

Free will is necessary to love God.

24. Who shares the royal office of Christ as priest, prophet, and king? (ARK)

All baptized Christians

25. What sacrament forgives mortal sins? (ARK)

Confession

26. What is an effect of Confession (ARK)

Peace of conscience

27. Under what sense of Scripture do the Commandments and Beatitudes fall under? (ARK, Unit 2)

Moral

28. Which virtues are infused into our souls at Baptism? (ARK)

Faith, Hope, and Love

29. Which sacrament removes all sins including original sin? (ARK)

Baptism

30. Does Baptism take away concupiscence? (ARK)

No

31. Whom does the bond of Baptism unify? (ARK)

All Christians

32. The Holy Bible teaches that as baptized Christians, the human body is? (ARK)

A temple of the Holy Spirit

33. What are the different forms of prayer? (Unit 3)

- a. Vocal Prayer
- b. Meditation
- c. Contemplative Prayer

34. When praying Lectio Divina, which would you use? (ARK)

A Bible

35. What is the ultimate purpose of the Commandments? (ARK)

To help us love God and each other.

36. What is the Mass? (ARK)

The re-presentation of Christ's sacrifice

37. Name the two parts of the Mass.

Liturgy of the Word
Liturgy of the Eucharist

38. What guidance does the Church give us about receiving Holy Communion? (ARK)

- Receive the Eucharist at least once a year
- Do not receive the Eucharist if you have unconfessed mortal sin
- Receive the Eucharist daily if possible

39. What are the two Great Commandments? (ARK)

Love God and love your neighbor

40. Which Great Commandment summarizes our duty towards God? (ARK)

You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.

41. What does the word Messiah mean? (Unit 5)

Anointed one

42. There are three major prophets whose books are quite long. Who are they? (Unit 5)

Isaiah
Jeremiah
Ezekiel

43. What is meant by the Redemption? (Unit 5)

Jesus Christ, as the Redeemer of the whole human race, offered His sufferings and death to God the Father as a perfect sacrifice in satisfaction for the sins of men. He gained for men the right to be children of God and heirs of heaven.

44. What do we call the event when the angel Gabriel announced to Mary that she would be the mother of God? (Unit 6)

The Annunciation

45. What are the 4 events used to describe the Paschal Mystery? (Unit 6)

Jesus' Passion
Death
Resurrection
Ascension

46. What does the word "Gospel" mean? (Unit 6)

The word "Gospel" means "Good News"

47. What are the names of the four Gospels and what do they tell us about? (Unit 6)

The four Gospels are Matthew, Mark, Luke and John. They tell about the life, teachings, Passion (suffering), death, Resurrection and Ascension of Jesus Christ.

48. Which part of the Lord's Prayer concerns the reign of God at the end of time? (ARK)

Thy Kingdom Come

49. What are some reasons all Christians should pray? (ARK)

- To grow in our relationship with God
- To ask God for good things
- To ask God to help others

50. In which type of prayer do we glorify God for His own sake? (ARK)

Praise

51. In which type of prayer do we ask God for good things? (ARK)

Petition

52. What are the Corporal Works of Mercy? (Unit 6)

Feed the hungry
Give drink to the thirsty
Shelter the homeless
Clothe the naked
Visit the sick
Visit the imprisoned
Bury the dead
Give alms to the poor

53. What are the Spiritual Works of Mercy? (Unit 6)

Counsel the doubtful
Instruct the ignorant
Admonish the sinner
Comfort the sorrowful
Forgive injuries
Bear wrongs patiently
Pray for the living and the dead

54. What are the 7 gifts of the Holy Spirit? (ARK, Unit 7)

- Wisdom
- Understanding
- Knowledge
- Counsel
- Fortitude
- Piety
- Fear of the Lord

55. What special strength does the sacrament of Confirmation give us? (ARK, Unit 7)

The strength to spread and defend the faith

56. Which person of the Trinity was present at Pentecost and still guides the Church today? (ARK, Unit 7)

The Holy Spirit

57. What are the human virtues that can be developed through our own efforts? (ARK)

The Cardinal Virtues- Prudence, Justice, Fortitude, Temperance

58. Which virtue can be defined as "right reason in action"? (ARK)

Prudence

59. What is the most important thing you must do in order to grow in virtue? (ARK)

Build Good Habits

60. What does the term "mystery of faith" mean? (ARK)

A truth that people cannot find out by themselves; it must be revealed by God

Prayers

Sign of the Cross

Our Father

Hail Mary

Angel of God

St. Michael Prayer

The Memorare

Grace Before Meals

Morning Offering

Act of Contrition

The Rosary

Glory Be

Apostles Creed

Act of Faith (short version)

Act of Hope (short version)

Act of Love (short version)

Stations of the Cross

Hail Holy Queen

Nicene Creed

Prayer of St Francis

Magnificat

Angelus

Come Holy Spirit

Chaplet of Divine Mercy

Prayer for Souls in Purgatory

Eternal Rest

Anima Christi

1	2	3	4	5	6	7	8
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	E	M	R	R	R	R
M	R	R	R	R	R	R	R
E	M	R	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	M	R	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	M	R	R	R	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	E	M
E	E	E	M	R	R	R	R
E	E	E	E	E	E	M	R
E	E	E	E	M	R	R	R
E	E	E	E	E	E	E	M
E	E	E	E	E	M	R	R
E	E	E	E	E	E	M	R

R=Review E=Encourage M=Memorize

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Our Father

Our Father, Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ Our Lord. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. Amen

St. Michael Prayer

Saint Michael the archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You all my prayers, works, joys and sufferings of this day, for the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

The Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell; the third day he rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

The Magnificat

My soul magnifies the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Amen

Angelus

P: The Angel of the Lord declared unto Mary
R: And she conceived of the Holy Spirit. (Hail Mary)
P: Behold the handmaid of the Lord
R: Be it done unto me according to your word. (Hail Mary)
P: And the Word was made flesh
R: And dwelt among us. (Hail Mary)

Let us pray: Pour forth we beseech you O Lord Your grace into our hearts. That we to whom the incarnation of Christ Thy Son was made known by the message of an angel may by His passion and cross be brought the glory of His resurrection through the same Christ our Lord. Amen.

The Most Holy Rosary

Joyful Mysteries

Annunciation
Visitation
Birth of Jesus
Presentation
Finding of Jesus in the Temple

Sorrowful Mysteries

Agony in the Garden
Scourging at the Pillar
Crowning with Thorns
Jesus carries His Cross
Crucifixion

Glorious Mysteries

Resurrection
Ascension
Descent of the Holy Spirit
Assumption of Mary
Coronation of Mary

Luminous Mysteries

Jesus' Baptism in the Jordan
Wedding feast at Cana
Jesus' Proclamation of the Kingdom of God
The Transfiguration
The institution of the Holy Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving O sweet Virgin Mary.

V. Pray for us, O holy Mother of God

R. That we may be made worthy of the promises of Christ.

Closing Prayer

Let us pray: O God, whose only-begotten Son, by his Life, Death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Stations of the Cross

1st Station: Jesus is condemned to death.

2nd Station: Jesus carries His cross.

3rd Station: Jesus falls the first time.

4th Station: Jesus meets His mother.

5th Station: Simon of Cyrene helps Jesus to carry His cross.

6th Station: Veronica wipes the face of Jesus.

7th Station: Jesus falls the second time.

8th Station: Jesus meets the women of Jerusalem

9th Station: Jesus falls a third time.

10th Station: Jesus' clothes are taken away.

11th Station: Jesus is nailed to the cross.

12th Station: Jesus dies on the cross.

13th Station: The body of Jesus is taken down from the cross.

14th Station: Jesus is laid in the tomb.

Act of Faith (short version)

Oh my God, I believe in You and in all that You teach through Your Holy Church, because Your Word is true.

Act of Hope (short version)

Oh my God, I hope in You for all the graces that I need for my eternal salvation and for heaven itself, because You are infinitely powerful, good and merciful and because You are faithful to Your word.

Act of Love (short version)

O my God, I love you above all things, because You are infinitely good, and for Your sake I love my neighbor as myself.

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; Where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, To be understood as to understand, To be loved as to love; For it is in giving that we receive; It is in pardoning that we are pardoned; It is in dying to self that we are born to eternal life.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, **consubstantial** with the Father; Through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was **incarnate** of the Virgin Mary, and became a man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I confess one baptism for the forgiveness of sins

and I look forward to the resurrection

of the dead and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Suffer me not to be separated from Thee.
From the malignant enemy, defend me.
At the hour of my death, call me.
And bid me come to Thee,
That with thy saints I may praise Thee.
Forever and ever.
Amen.

Prayer for Souls in Purgatory

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Eternal Rest Prayer

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Chaplet of Divine Mercy

Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us.

Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in you!

Our Father

Hail Mary

The Apostles' Creed

For each of the five decades

On each "Our Father" bead of the rosary, pray:

V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,

R. in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.

Conclusion *Repeat three times:*

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen.